

New Moon Meditation

"Expanding from Self to Group Consciousness"

Sunday, January 22nd 5:00pm-6:30pm

at Shraddha Zone

1411 Avenue A, Katy, Texas 77493



Join us for the first new moon in 2012 as we move solidly into the Aquarian Age. This month's new moon is in the sign of Aquarius... making it a time for gaining new insights of your place in the larger scheme, a part of the group, a nation, a part of humanity. It's a time to go deep inside to find your own identity and the deeper meaning in your life, so that, as you move into higher states of consciousness, you stay connected with your own sense of self while attaining group consciousness.

The evening will include gentle yoga and guided meditation to expand the mind, the 3rd eye and the heart... while also working on our physical body, for flexibility and relaxation, so we can use our vessel to receive universal knowledge. We'll close with deep relaxation to the sounds of the gong. Join us for this special evening of healing, reflection, sound vibration and prayer.

Energy Exchange \$15

Your RSVP to confirm attendance and secure the event is much appreciated!

For pre-registration and questions, contact Shraddha Zone

Phone: Marisela 832-264-3738 Email: shraddhazone@gmail.com

Website: www.shraddhazone.com

Or contact: Sylvia 281-248-1438 Email: sylviav1111@aol.com

"Amid the swirling, confusing, unfocused energies of the modern world, there is a light, a calm, and a healing in the center of all things." ~ Yogi Bhanjan

About Shradha Zone



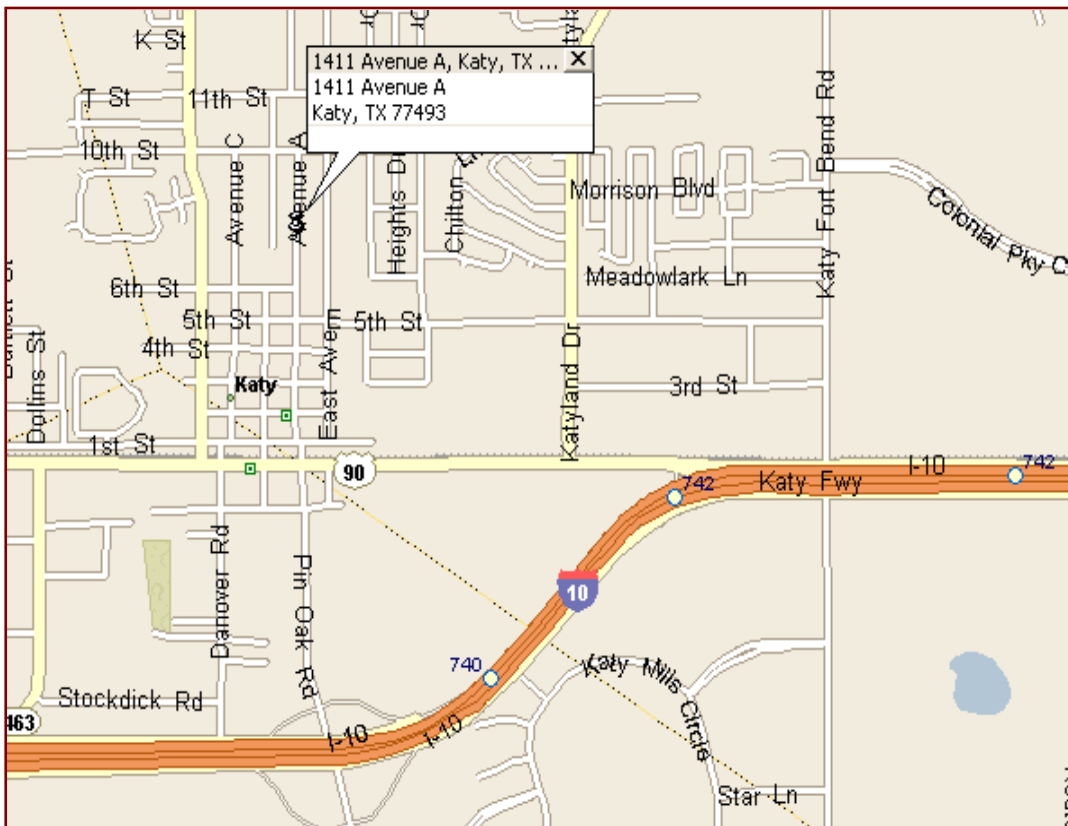
Shradha means "Faith, Trust, Belief." Faith is an innate quality of the soul, rare gift of God only granted to humans and it's the basis of all human relationships. Shradha Zone is about connecting to your sacred space within, to learn and expand. It is a faith that is not learned but it is innate of the soul. It's a faith that allows us to relax into ourselves to fulfill our deepest purpose.

Directions to Shradha Zone

**1411 Avenue A
Katy, Texas 77493**

From Interstate 10, take Pin Oak Road/FM1463 (exit 740), going north on Pin Oak Pass Highway 90 (stop light) and go over railroad tracks
Turn left on 1st Street
Take an immediate right on Avenue A
Go approximately 6 blocks to 1411 Avenue A
Shradha Zone is on the left

Map



← To San Antonio (west)

To Houston (east) →